

# HUMAN SERVICES (HSV)

## HSV-109 Introduction to Human Services (3)

Introduces the value base of human services and evaluates problems that can be encountered in working with people when these values conflict with client needs. Introduces the framework of human services approach, specifically information of individual values, systems analysis, problem solving and conflict resolution. Concepts of systems analysis are accompanied by application of these concepts to problems. Arts & Sciences Elective Code: A

*Hours per week:* 3.0 lecture

## HSV-110 Human Service Policy and Programs (3)

Investigates the relationship between social service programs and related social issues in the context of cultural conditions. Introduces historical trends in human services and acquaints students with current human services available to various client groups. Arts & Sciences Elective Code: A

*Hours per week:* 3.0 lecture

*Prerequisite:* Take HSV-101 or HSV-109.

## HSV-120 Observation Skills (3)

Focuses on learning the distinction between inference and behavior, and recording behaviors in a systematic way. Course also includes learning the importance of environment as an influence on human behavior. Closely related competencies to be addressed are writing behavioral objectives and contracts. Arts & Sciences Elective Code: A

*Hours per week:* 3.0 lecture

*Prerequisite:* Take HSV-101 or HSV-109.

## HSV-130 Interviewing/Interper Relation (3)

Includes an overview of various intervention techniques. Teaches principles of communication, interviewing and conflict resolution. Practices these principles and techniques in role-played, recorded situations. Arts & Sciences Elective Code: A

*Hours per week:* 3.0 lecture

*Prerequisite:* Take HSV-109 or CRJ-100.

## HSV-200 Adaptation Strategies (3)

Examines the values, skills and issues of working with people with disabilities in vocational, residential, social/recreational and other community settings. Focuses on exploring, researching and understanding the relationships between consumers, families, support staff, community-based agencies and other community systems. Encourages students to develop the skills to utilize adaptation strategies necessary to promote independence, participation and success among all age groups. Arts & Sciences Elective Code: A

*Hours per week:* 3.0 lecture

## HSV-201 Loss, Trauma and Resilience (3)

Examines loss as a part of life and the impact of trauma on individuals, families, and communities. Studies processes of resilience including grieving and growth. Discusses cultural influences and ethical issues. Explores social services and theories of helping as resources for survivors. Arts & Sciences Elective Code: A

*Hours per week:* 3.0 lecture

## HSV-282 Health and Psychosocial Rehabilitation (3)

Focuses on an overview of health, substance abuse and mental health issues of individuals. Develops skills in identification, planning, assessment, treatment/interventions, and the development of social support systems and community resources. Applies learned knowledge of integrated practice in a discipline-specific project. Arts & Sciences Elective Code: A

*Hours per week:* 3.0 lecture

*Prerequisite:* Take HSV-109, or CRJ-100 and SOC-110, or CRJ-110 and SOC-115.

## HSV-287 Counseling Theories and Techniques (3)

Provides further reinforcement and expands topics introduced in Basic Problem Solving. Includes goals of psychosocial rehabilitation, mental health disorders and their diagnosis, and categories and classification of the Diagnostic and Statistical Manual-5. Describes the process of making appropriate client referrals, locating community human service resources and agencies, and creating and implementing service plans for health care issues. Arts & Sciences Elective Code: A

*Hours per week:* 3.0 lecture

*Prerequisite:* Take HSV-109. Take HSV-131 or HSV-130. Take HSV-282.

## HSV-292 Substance Abuse and Treatment (3)

Examines alcohol and drug issues and the implications of having an addiction. Includes theories of the addictive process, prevention and treatment options, and specific counseling and therapeutic skills used with individuals in inpatient and outpatient settings. Focuses on the impact of the family unit, social systems and the greater community. Students apply their knowledge of integrated practice in a discipline-specific project. Arts & Sciences Elective Code: A

*Hours per week:* 3.0 lecture

## HSV-800 Human Services Field Experience and Seminar (6)

Provides practical experience in a human services agency for 220 hours. Encourages students to gain deeper insight through a field experience seminar. Objectifies student experience through discussion with other students and the instructor. Arts & Sciences Elective Code: A; Comments: Completion of Human Service classes. Minimum GPA of 2.5 required to take this course.

*Hours per week:* 1.0 lecture, 4.0 lab, 9.0 clinical

*Prerequisite:* Minimum C+ in either HSV-101 or HSV-109. Minimum C+ in HSV-110. Minimum C+ in HSV-120. Minimum C+ in HSV-131 or HSV-130. Minimum C+ in HSV-282.

## HSV-801 Human Services Field Experience (3)

Provides 110 hours of practical experience in a human services agency. Incorporates a field experience seminar. Objectifies experiences through classroom discussion. Arts & Sciences Elective Code: A

*Hours per week:* 0.75 lecture, 6.75 clinical

*Prerequisite:* Minimum C+ in HSV-109.

### **HSV-813 Alcohol and Drug Counselor Field Experience and Seminar I (6)**

Provides 250 hours of practical experience in a substance abuse treatment facility. Encourages deeper insight through a field experience seminar. Objectifies experiences through classroom discussion. Arts & Sciences Elective Code: A; Comments: Meets part of the practicum requirement for the Iowa Board of Certification. Minimum GPA of 2.5 required to take this course.

*Hours per week:* 1.0 lecture, 15.0 clinical

*Prerequisite:* Minimum C+ in either HSV-101 or HSV-109. Minimum C+ in HSV-110. Minimum C+ in HSV-120. Minimum C+ in HSV-131 or HSV-130. Minimum C+ in HSV-282.

### **HSV-814 Alcohol and Drug Counselor Field Experience & Seminar II (6)**

Provides practical experience in a substance abuse treatment facility for a total of 250 hours. Follows and builds on Alcohol and Drug Counselor Field Experience and Seminar I. Encourages students through weekly seminars to maximize their experience through insight from other students and the instructor. Objectifies student experience through discussion with other students and the instructor via the weekly seminars. Arts & Sciences Elective Code: A; Comments: Meets part of the practicum requirement for the Iowa Board of Certification. Minimum GPA of 2.5 required to take this course.

*Hours per week:* 1.0 lecture, 15.0 clinical

*Prerequisite:* Minimum C+ in either HSV-101 or HSV-109. Minimum C+ in HSV-110. Minimum C+ in HSV-120. Minimum C+ in HSV-131 or HSV-130. Minimum C+ in HSV-282.

### **HSV-924 Honors Project (1)**

Allows a qualified honors student to pursue a special concentration of study under the guidance of a faculty member. Requires completion of an honors project contract. May be taken more than once. Arts & Sciences Elective Code: A; Comments: Requires approval of supervising professor and dean

*Hours per week:* 1.0 lecture

### **HSV-928 Independent Study (1-3)**

Allows the student to pursue a special concentration of study under the guidance of a faculty member. Requires an independent study contract. Arts & Sciences Elective Code: A; Comments: Requires approval of supervising faculty member and dean

*Hours per week:* 2.0 lab