COACHING OFFICIATING (PEC)

PEC-111 Techniques and Theory of Coaching (2)

Introduces the philosophical and ethical issues in athletic coaching. Arts & Sciences Elective Code: A *Hours per week*: 2.0 lecture

PEC-116 Athletic Development and Human Growth (2)

Explains basic concepts of sports psychology. Focuses on improving human skill, enhancing group effort and understanding the reduction of stress. Encompasses some of the diverse topic areas important to both psychologists in general and those focused on athletic feats. Arts & Sciences Elective Code: A Hours per week: 2.0 lecture

PEC-126 Athletic Injury Prevention (2)

Introduces conditioning programs and training methods that tend to prevent athletic injuries. Provides basic skills in injury evaluation, treatment procedures and practical experience in taping techniques. Arts & Sciences Elective Code: A *Hours per week:* 2.0 lecture

PEC-148 Theory of Coaching Basketball (2)

Introduces the coaching profession with specific emphasis on basketball fundamentals, strategy, organization, public relations and coaching psychology. Arts & Sciences Elective Code: A *Hours per week*: 2.0 lecture

PEC-924 Honors Project (1)

Allows a qualified honors student to pursue a special concentration of study under the guidance of a faculty member. Requires completion of an honors project contract. May be taken more than once. Arts & Sciences Elective Code: A; Comments: Permission of instructor and dean *Hours per week*: 1.0 lecture

PEC-928 Independent Study (1-3)

Allows for a special concentration of study under the guidance of a faculty member. Requires an independent study contract. May be taken more than once. Arts & Sciences Elective Code: A; Comments: Permission of instructor and dean *Hours per week*: 2.0 lab